



## HOW CAN I HELP?

### THE IMPACT OF YOUR DOLLARS IN THE COMMUNITY

#### FOR THE COST OF: HARRIS TEETER'S GROCERY PICKUP FEE PER WEEK (\$4.95/WEEK)

You can help:

**27** parents learn the skills to positively support the learning and development of their children.

**153** children and adults gain reading skills needed to be successful in the classroom or more competitive in the job market.



#### FOR THE COST OF: TWO GOODBERRY'S MILKSHAKES PER WEEK (\$10/WEEK)

You can help:

**8** young people access the support and tools to manage their emotions, make positive decisions, and succeed in school.



**141** food insecure individuals have adequate and nutritious meals.

#### FOR THE COST OF:

# A DOORDASH DINNER DELIVERY FOR TWO PER WEEK (\$25/WEEK):

You can help:

23 families find homes that are safe and affordable.

**63** children and adults move beyond traumatic stress and towards healing through treatment and improved environments.



#### FOR THE COST OF: THE TANK OF GAS YOU'RE SAVING WHILE WORKING FROM HOME EACH WEEK (\$40/WEEK):

You can help:

35 children enter kindergarten ready to learn and succeed.

**50** adults find, maintain, or grow in livable wage jobs because they have increased their skills and reduced the barriers.



\*Impact calculated based on annual donation total.