



HOW CAN I HELP?

THE IMPACT OF YOUR DOLLARS IN THE COMMUNITY

FOR THE COST OF: HARRIS TEETER'S GROCERY PICKUP FEE PER WEEK (\$4.95/WEEK)

You can help:

27 parents learn the skills to positively support the learning and development of their children.

153 children and adults gain reading skills needed to be successful in the classroom or more competitive in the job market.



FOR THE COST OF: TWO GOODBERRY'S MILKSHAKES PER WEEK (\$10/WEEK)

You can help:

8 young people access the support and tools to manage their emotions, make positive decisions, and succeed in school.



141 food insecure individuals have adequate and nutritious meals.

FOR THE COST OF:

A DOORDASH DINNER DELIVERY FOR TWO PER WEEK (\$25/WEEK):

You can help:

23 families find homes that are safe and affordable.

63 children and adults move beyond traumatic stress and towards healing through treatment and improved environments.



FOR THE COST OF: THE TANK OF GAS YOU'RE SAVING WHILE WORKING FROM HOME EACH WEEK (\$40/WEEK):

You can help:

35 children enter kindergarten ready to learn and succeed.

50 adults find, maintain, or grow in livable wage jobs because they have increased their skills and reduced the barriers.



*Impact calculated based on annual donation total.